THE VISION FOR RSE

Our RSE teaching should:

- Go beyond the provision of facts and information
- Be relaxed so different opinions can be expressed
- · Provide balanced and holistic teaching
- · Share knowledge from experts
- · Give real-world, applied examples
- Be provided by an approachable and open educator
- · Be well-managed

We should avoid RSE that:

- · Is overly or solely negative in tone
- Doesn't prioritise student choice
- · Doesn't empower sexuality
- · Seeks to scare and control
- Is repetitive and involves passive learning
- · Doesn't develop skills in listening and respect
- Gives space to problematic (e.g. queerphobic or racist) ideas under the guise of debate.

WHAT PUPILS WANT

More practical/physical discussions/tasks

Individual conversations if needed

Make sure everyone is comfortable

Smaller classrooms better for feeling safe

How to get contraception

Question boxes for later discussion

Non judgemental spaces!

More frequent and normalised discussion

Train older pupils to discuss questions with younger pupils

Educators to be utterly unbiased and non judgemental

Resources for spaces where young people can educate themselves Sex education not being heteronormative

After the sessions get feedback on thoughts, feelings and further questions More inclusive e.g. talking about LGBTQ+ identities and experiences Educators are mediators and facilitators and they need to take their opinion out of it If educators don't know how to answer a question they should go away and find some sources to help

KEY AREAS TO CONSIDER

There is a need to consider:

- The ecosystems of pupils' socio-sexual development and lives
- How rse and the roles of educator and pupil are conceptualised.
- Scrutiny, judgement, policing and shame
- $\bullet\,$ How RSE can engage with and address the above

Help with facilitating critical and deep discussion:

- Applying the 'Consent Castle' to facilitating discussion and debate
- Explore what it means to be 'inclusive' and 'culturally sensitive'
- Facilitate pupil participation and voice
- · Pupil-led responses and bystander culture

DESIGN CONSULT Suggested steps for implementation TRAIN DELIVER

TIPS FOR EDUCATORS

Don't assume what makes a 'good' RSE teacher

Be accountable for any privilege you may bring

Be aware of your power as a role model

Don't let your values cloud teaching Lessen expectations on yourself and pupils

Celebrate the value of sex and relationships

Recognise that there is no ideal standard that you can impose on pupils Ask questions instead of offering solutions

Remain open minded and inquisitive

Explore topics in advance

Pause and absorb before reacting